

WHAT do children learn at Sportsmarts?

- skills that are basic to all sports
- learn at their own ability level
- fair competition
- co-operation
- team skills
- develop a positive self-esteem

HOW will they learn this?

Through various strategies including;

- known and invented games
- movement to music, poems, songs and rhymes
- play stations/circuits
- skill practice sessions
- obstacle courses
- gymnastics
- dramatic play
- modified sports

WHO participates in Sportsmarts?

Pre Primary to Year 3

WHEN do they have Sportsmarts?

2 sessions/week

WHERE do they have Sportsmarts?

Our undercover area and our oval

run, jump, hop, skip, write, spell,
understand, read, go, draw, learn,
under, over, through, around, fast,
slow, high, low, left, right, corner,
wriggle, catch, throw, kick, follow
directions, toss, slide, balance, hard,
soft, gentle,
remember, explain, repeat,
jog, walk, big, little, ball, vortex, bat,
mat, circle, up, square, oval, patterns,
climb, forwards, inside, diagrams,
meaning, instructions, skill, praise,
bottom, down, play, share, fly, stretch,
top, try, from, reach, go, stop, carry,
backwards, action, challenge, into,
outer, explore, picture, imagine, learn,
roll, turn, find.

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Knowledge and Friendship



Sport Smarts

Developing skills to promote
confidence and lifelong involvement
in active recreation

Kalbarri District High School

Students have opportunities to design their own games and develop rules and write these into a games framework for the whole class to learn.

Students are often counting their way through a series of activities, counting out teams or movements.

This gives children a strong link between learning through physical fun, literacy, numeracy and learning in class.

Students have opportunities to suggest ideas or comment on the types of skills or games they would like to develop and have some input into their own learning.



A major aim of Sportsmarts is to develop in children a love of sport and physical activity that will encourage them to participate for the rest of their lives. Children love playing games and this is a strong focus in the Sportsmarts program. The children are presented with fun games and activities that progressively challenge them. They are motivated to learn strategies, skills and rules to succeed and join in again and again.

GAMES FRAMEWORK

- How do you win:
- Rules:
- Players:
- Area:
- Equipment:
- Safety:



Sportsmarts Olympics is a Kalbarri DHS initiative. The young students join with our older students to plan and design events. Members of the community are invited to join us and participate in our program for the day.

