



KALBARRI DISTRICT HIGH SCHOOL

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SunSmart Policy

Australia has the highest rate of skin cancer in the world. Overexposure to the sun during childhood and adolescence is an important contributing factor to the development of skin cancer later in life. As students are at school during times of peak ultraviolet (UV) radiation, schools can play a major role in creating a supportive environment that minimises exposure and encourages sun protective behaviours.

Our sun protection policy has been adopted to ensure that all students, staff, parents and visitors attending Kalbarri District High School are protected from skin damage caused by UV radiation from the sun. This policy is to be implemented throughout the year. The sun protection practices outlined in this policy will be applied to all school activities including sports carnivals, excursions and camps. The policy has been developed in consultation with the whole school community.

Our Commitment

Kalbarri District High School will:

- Inform parents of this sun protection policy when they enrol their child/children
- Brief all new staff on the sun protection policy
- Ensure all students to wear broad-brimmed, bucket or legionnaire hats when outside
- Direct students without appropriate hats to stay in an area that is protected from the sun
- Require staff to wear broad-brimmed, bucket or legionnaire style hats when participating in and attending outdoor school activities including lunch and recess duties
- Ensure staff and students to wear a rash top when swimming
- Ensure there is adequate provision of shade within the school grounds for students and staff
- Encourage the use of SPF 30+ broad-spectrum, water resistant sunscreen by:
 - Providing sunscreen in the classroom
 - Allowing time to apply sunscreen prior to outdoor activities eg. PE lessons, lunch and recess and excursions
- Incorporate sun protection and skin cancer awareness programs into the appropriate key Learning Areas of the school curriculum

Our Expectations

Students:

- Be aware of the school's sun protection policy
- Take responsibility for their health by being SunSmart
- Comply with the SunSmart rules and guidelines by wearing suitable hats and clothing
- Encourage SPF30+ broad-spectrum, water-resistant sunscreen before going outdoors
- Use shaded or covered areas outdoors
- Act as positive role models for other students in all aspects of SunSmart behaviour
- Participate in SunSmart education programs

Parents/carers:

- Ensure your child/children has a broad-brimmed, legionnaire or bucket style hat
Cancer Council WA recommends the following hats:
 - Broad-brimmed (7.5cm brim)
 - Legionnaire style
 - Bucket (6cm brim)
- Act as a positive role model by practising SunSmart behaviour
- Support the school's sun protection policy

Staff

- Take responsibility for their health by being SunSmart
- Comply with the SunSmart rules and guidelines by wearing suitable hats and clothing
- Encourage SPF30+ broad-spectrum, water-resistant sunscreen before going outdoors
- Act as positive role models for students in all aspects of SunSmart behaviour
- Incorporate SunSmart education programs